

**Monday**



Pork Sausages (G.SU)

or



(v) Fusilli Pasta in a Rich Tomato Sauce (D.G.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

**Tuesday**



Chinese Style Turkey Meatballs (G.SB.)

or



(v) Cheddar Cheese and Potato Pie (D.E.)

**Wednesday**



Roast Pork

or



(v) Vegetable and Lentil Korma (M.D.E.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Thursday**



Chicken Pie (D.G.)

or



(v) Vegetarian Toad in the Hole (G.SU.SB.D.E.)

**Friday**



Breaded Pollock Fillet (F.SB.)

or



(v) Organic 3 Bean Chilli



**Week 1 Dessert Menu**

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v) Strawberry Swirl Mousse (D.)

**Tuesday**

(v) Homemade Citrus Sponge with Mandarin Oranges (G.E.)

**Wednesday**

(v) Homemade Cookie (G.)

**Thursday**

(v) Homemade Orchard Fruits Crumble with Custard (G.D.)

**Friday**

(v) Homemade Chocolate Cracknel (G.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown in the photographs.**

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

**Key**

- |                |                  |
|----------------|------------------|
| V = vegetarian | G = Gluten/Wheat |
| D = Dairy      | F = Fish         |
| N = Coconut    | M = Mustard      |
| S = Sesame     | SB = Soya        |
| E = Egg        | SU = Sulphites   |





**Monday**



Organic Pork Meatballs (G.SU.)

or



(v) Cheesy Pasta (G.D.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

**Tuesday**



Chicken Korma (D.E.M.)

or



(v) Vegetarian Sausages (G.SU.SB.)

**Wednesday**



Roast Beef in Gravy

or



(v) Chinese Style Quorn Meatballs (G.SB.E.)

**Thursday**



Cheesy BBQ Bacon Pasta (G.D.)

or



(v) Margherita Pizza (D.G.)

**Friday**



\*Seaside Fish Fillet (F.G.)

or



(v) Breadcrumbs Vegetable Fingers (G.)



**Week 2 Dessert Menu**

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v) Cheddar Cheese, Crackers and Apple Wedge (D.G.) or Ice Cream Tub (D.)

**Tuesday**

(v) Homemade Very Berry Muffin (G.E.)

**Wednesday**

(v) Homemade Superfood Granola Bar (G.) or Jelly and Peaches

**Thursday**

(v) Homemade Syrup Sponge with Custard (G.D.E.)

**Friday**

(v) Homemade Chocolate Flapjack (G.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown.**

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

**Key**

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\*Salmon Fillet





**Monday**



Organic Beef Grill (G.) in a Bun (G.)

or



Quorn Burger

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

**Tuesday**



Bacon Medallion and Pork Sausage (G.SU.)

or



(v) Cheesy Pasta (G.D.)

**Wednesday**



Roast Chicken Joint or Fillet

or



(v) Vegetarian Chilli (very mild) (G.SB.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Thursday**



Spaghetti Bolognese (D.G.)

or



(v) Rustic Margherita Pizza (D.G.)

**Friday**



Fish Fingers (F.)

or



(v) Veggie Hot Dog (G.S.SB.SU.)



**Week 3 Dessert Menu**

Every day we offer:  
(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v) Ice Cream Tub (D.)

**Tuesday**

(v) Homemade Eve's Pudding with Custard (G.D.E.)

**Wednesday**

(v) Homemade Shortbread (G.)

**Thursday**

Strawberry Mousse with Jelly and Fruit (D)

**Friday**

(v) Homemade Up Beet Chocolate Cake (G.SB.E.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown.**

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

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