

**Monday**



Pork Sausages (G,SU)

or



(v) Breadcrumbs Vegetable Fingers (G.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Tuesday**



BBQ Chicken Fillet Wrap (G.)

or



(v) Vegetable Pasta Bake (G,D.)

**Wednesday**



Roast Beef in Gravy (Yorkie Pud D,E,G.)

or



(v) Vegetarian Toad in the Hole (G,SU,SB,D,E.)

**Thursday**



Mild Chicken Tikka Curry (M,D,E.)

or



(v) Cheese and Tomato Pizza Wedge (D,G.)

**Friday**



Gluten Free Fish Fingers (F.)

or



(v) Chinese Style Quorn Noodles (SB,E,G.)

**Week 1 Dessert Menu**

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v,h) Homemade Flapjack (G.)  
(v) Cheddar Cheese, Crackers and Apple Wedge (G,D.)

**Tuesday**

(v,h) Homemade Toffee Apple Sponge with Custard (SB,G,E,D.)  
Ice Cream Tub (D.)

**Wednesday**

(v,h) Homemade Chocolate Crunch Biscuit (G.)

**Thursday**

(v,h) Homemade Lemon or Orange Drizzle Cake (G,E.)

**Friday**

(v) Pancakes with Fruit Toppings (SU,D,E,G.)

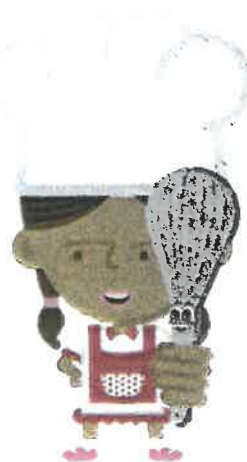
All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

**Key**

- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites





**Monday**



Organic Beef Grill (G.) in a Bun (G.)

or



(v) Vegetable and Lentil Korma (M.D.E.)  
(may contain N.)  
(v) Nut Free Schools Vegetable Korma (M.D.E.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Tuesday**



Chicken Pie (D.G.)

or



(v) Veggie Hot Dog (G.S.SB.SU.)

**Wednesday**



Roast Pork or Gammon

or



(v) Cheesy Pasta Bake (G.D.)

**Thursday**



Pasta Bolognese (G.) Optional Cheese (D.)

or



(v) Vegetable Burrito (D.G.)

**Friday**



\*Seaside Fish Fillet (F.G.)

or



(v) Fusilli Pasta in a Rich Tomato Sauce (D.G.)



**Week 2 Dessert Menu**

Everyday we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v) Creamy Whip with Fruit (D.)  
(v.h) Homemade Favourite Cookie (G.)

**Tuesday**

(v.h) Homemade Fruit Muffin Traybake (G.E.D.)  
Ice Cream Tub (D.)

**Wednesday**

(v.h) Homemade Up Beat Chocolate Cake (G.E.)

**Thursday**

(v.h) Homemade Apple Pudding with Custard (G.D.E.)  
(v) Strawberry Swirl Mousse (D.)

**Friday**

(v) (v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)  
Jelly with Peaches

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- \*Salmon



**Monday**



Organic Pork Meatballs (G.SU.)

or



(v) Broccoli and Sweetcorn Bake (D.G.)

**Everyday choose from:**



(v) Jacket Potato with Cheese (D.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Tuesday**



Bacon Medallion and Pork Sausage (G.SU.)

or



(v) Breadcrumbed Vegetable Fingers (G.)

**Wednesday**



Roast Chicken Joint or Fillet

or



(v) Vegetable Lasagne (D.G.)

**Thursday**



Minced Beef Pie (D.G.)

or



(v) Rustic Margherita Pizza (D.G.)

**Friday**



Breaded Pollock Fillet (F.SB.)

or



(v) Quorn Korma (very mild) (M.D.E.)



**Week 3 Dessert Menu**

Everyday we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v,h) Homemade Zesty Orange Cookie (G.)

Tuesday

(v,h) Homemade Chef's Fruit Crumble with Custard (G.D.)

(v) Ice Cream Tub (D.)

Wednesday

(v) Homemade Iced Sponge (G.E.)

Icing Top (SU)

Thursday

Jelly with Fruit in Juice

(v,h) Homemade Tempting Triangle (G.SU.)  
crunchy oatly biscuit with cherries

Friday

(v,h) Homemade Chocolate Cracknel (G.)

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