

Educaterers Lunch Menu Week 1

Coventry and Warwickshire: 5/9, 26/9, 17/10, 7/11, 28/11, 9/1/23, 30/1.

Leicestershire: 5/9, 26/9, 7/11, 28/11, 9/1/23, 30/1.

Oxfordshire: 5/9, 26/9, 17/10, 7/11, 28/11, 19/12, 9/1/23, 30/1, 20/2.

Meat Free Monday



(vg) Quorn Dippers G.

or



(v) Broccoli and Sweetcorn Pasta Bake G.D.

or



(v) Cheese/Beans D.

or



(v) Cheddar Cheese G.D.

Jacket Potatoes Every Day

Tuesday



Pork Meatballs G.

or



(v) Cheddar Cheese and Potato Pie D.E

or



(v) Cheese D.

or



British Roast Chicken G.

Wednesday



British Roast Chicken, Stuffing G.

or



(vg) Quorn Roast G. Optional Stuffing G.

or



Tuna Mayonnaise F.E.

or



Tuna Mayonnaise F.E.G.

Thursday



Pasta Bolognese G./Cheese D.

or



(v) Veggie Sausage Pattie in a Breakfast Bap D.E.G.

or



British Ham G.

Friday



Crispy Salmon Fishcake F.G.

or



(v) Rustic Cheese & Tomato Pizza D.G.

or



(v) Cheddar Cheese D.G.

Week 1 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.) or
Fresh fruit as alternative dessert options

Monday

(v) Chocolate Mousse with Fruit D.
(vg) Homemade Ginger Biscuit G.

Tuesday

(vg) Homemade Lemon Shortbread G.

Wednesday

(v) Homemade Chocolate Cherry Sponge G.E.
with Hot Chocolate Sauce D.
(v) Ice Cream Tub D.

Thursday

(v) Homemade Iced Pineapple Cake G.E.

Friday

(v) Ice Cream Tub D.
(vg) Homemade Crunch Cookie G.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown in the photographs.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

Key

vg = vegan	G = Gluten/Wheat
V = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconut/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	



Educaterers Lunch Menu Week 2

Coventry and Warwickshire: 12/9, 3/10, 14/11, 5/12, 16/1, 6/2, 27/2.
Leicestershire: 12/9, 3/10, 24/10, 14/11, 5/12, 16/1, 6/2, 27/2.
Oxfordshire: 12/9, 3/10, 14/11, 5/12, 16/1, 6/2, 27/2.

Meat Free Monday



Tuna Pasta Bake (F.G.D.)

or



(v) Veggie Toad in the Hole D.E.G.

or



(v) Cheese/Beans D.

or



(v) Cheddar Cheese G.D.

Jacket Potatoes Every Day

Tuesday



Beef Grill G. in a Bun G.

or



(vg) Plant Power Burger in a Bun G.

or



(v) Cheese D.

or



British Roast Chicken G.

Wednesday



Roast Pork, Apple Sauce

or



(vg) Quorn Roast G. Apple Sauce

or



Tuna Mayonnaise F.E.

or



Tuna Mayonnaise F.E.G.

Thursday



Chicken Pie G.D.

or



(v) Cheese and Egg Flan G.D.E.

or



British Ham G.

Friday



Breaded Fish Fillet F.

or



(v) Roasted Vegetable Frittata D.E.

or



(v) Cheddar Cheese G.D.

Week 2 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.)
or fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack with Fruit Wedges G.

Tuesday

(v) Ice Cream Tub D.
(vg) Homemade Chocolate Oatcake G.

Wednesday

(v) Homemade Oaty Apple Crumble G. with Custard D.

Thursday

(vg) Homemade Crispy Cornflake Cookie G.E.

Friday

(v) Dinky Doughnuts with Chocolate Sauce D.G.SB.E.
(v) Ice Cream Tub D.

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Educaterers Lunch Menu Week 3

Coventry and Warwickshire: 19/9, 10/10, 31/10, 21/11, 12/12, 21/23, 23/1, 13/2, 6/3.
Leicestershire: 29/8, 19/9, 10/10, 31/10, 21/11, 12/12, 21/23, 23/1, 13/2, 6/3.
Oxfordshire: 19/9, 10/10, 31/10, 21/11, 12/12, 21/23, 23/1, 6/3.

Meat Free Monday



Cheese and Tomato Pizza D.G.

or



(v) Veg Korma M.D.E.

or



(v) Cheese/Beans D.

or



(v) Cheddar Cheese G.D.

Jacket Potatoes Every Day

Tuesday



Pork Sausages G.S.U.

or



**(vg) Chinese Style Plant Based "Meat"balls
Noodles contain Gluten**

or



(v) Cheese D.

or



British Roast Chicken G.

Wednesday



Roast Beef in Gravy, York Pud D.E.G.

or



**(vg) Quorn Roast G.
(v)Yorkshire Pudding D.E.G.**

or



Tuna Mayonnaise F.E.

or



Tuna Mayonnaise F.E.G.

Thursday



Chicken Fajita Wrap G.

or



(v) Mac 'n' Cheese G.D.

or



British Ham G.

Friday



Breaded Fish Fillet Fingers F.

or



(vg) Breaded Vegetable Fingers G.

or



Egg Mayonnaise G.E.

Week 3 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.)
or fresh fruit as alternative dessert options

Monday

(vg) Homemade Chocolate Cracknel

Tuesday

(v) Chocolate or Strawberry Swirl Mousse D.
(vg) Homemade Fruity Flapjack G.

Wednesday

(v) Homemade Iced Sponge
with Sprinkles G.E. and Custard D.

Thursday

Jelly with Fruit
(vg) Homemade Carrot and
Orange Cookie G.

Friday

(v) Cheddar Cheese, Crackers and Apple
Slices G.D
(v) Ice Cream Tub D.

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