

Educaterers Lunch Menu Week 1 – w/c 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

Meat Free Monday



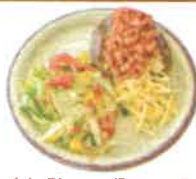
(v) Quorn Dippers G.D.E.

or



(v) Veg Korma with Oumph SB.M.D.E.
Oumph the Chunk is a tasty plant based alternative to chicken

or



(v) Cheese/Beans D.

or



(v) Cheese D.

or



Tuna Mayonnaise F.E.

Jacket Potatoes Every Day

Tuesday



Pork Sausages G.SU.

or



(vg) Plant Power Balls

Wednesday



British Roast Chicken, Stuffing G.

or



(vg) Quorn Roast G.
Optional Stuffing G.

Thursday



Pasta Bolognese G./Cheese D.

or



(vg) Veggie Hot Dog G.

Friday



Salmon Fishcake F.G.SB.

or



(v) Rustic Cheese & Tomato Pizza D.G.



Week 1 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack G.
(v) Cheddar Cheese, Crackers and Apple Slices G.D.

Tuesday

(v) Homemade Banoffee Cake with Toffee Drizzle SB.D.E.G.
(v) Chocolate Swirl Mousse D.

Wednesday

(v) Homemade Strawberry Slice G. with Custard D.

Thursday

(vg) Homemade Jammy Cookie G.

Friday

(v) Ice Cream Tub D.
(v) Homemade School Favourite Iced Sponge with Fruit G.E.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown in the photographs.

Key

vg = vegan	G = Gluten/wheat
V = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconut/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.



Educaterers Lunch Menu Week 2 – w/c 14/3, 4/4, 9/5, 6/6, 27/6, 18/7.

Meat Free Monday



(v) Quorn Sausage Pattie D.E.G.



(v) Mac 'n' Cheese G.D.



(v) Cheese/Beans D.



(v) Cheese D.



Tuna Mayonnaise F.E.

Jacket Potatoes Every Day



Tuesday



Chicken Pie G.D



(v) Quorn Dippers G.D.E.
Creamy Curry Sauce M.D.E.

Wednesday



Roast Beef in Gravy, York Pud D.E.G



(vg) Quorn Roast G.
(v) Yorkshire Pudding D.E.G

Thursday



Pork Meatballs G.SU.



(v) Vegetable Burrito Bake G.D.

Friday



Breaded Fish Fillet F.



(vg) Breaded Vegetable Fingers G.

Week 2 Dessert Menu

Every day we offer:
(v) Yoghurt. (D.)
or fresh fruit as alternative dessert options

Monday
(vg) Homemade Chocolate Cracknel

Tuesday
(vg) Homemade Shortbread G.

Wednesday
(v) Homemade Fruit Crumble G.
with Custard D.
(v) Ice Cream Tub D.

Thursday
(v) Homemade Iced Pineapple Cake G.E.

Friday
Jelly with Fruit
(v) Ice Cream Tub D.

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Educaterers Lunch Menu Week 3 – w/c 21/3, 25/4, 16/5, 13/6, 4/7.

Meat Free Monday



Cheese and Tomato Pizza D.G.

or



(v) Sweet and Sour Quorn G.E.

or



(v) Cheese/Beans D.

Jacket Potatoes Every Day

Tuesday



Brunch: Sausage G.SU. Omelette D.E.

or



(v) Cheesy Tomato Pasta G.D.

or



(v) Cheese D.

Wednesday



Roast Pork, Apple Sauce

or



(vg) Quorn Roast G. Apple Sauce

or



Tuna Mayonnaise F.E.

Thursday



Beef Grill G. in a Bun G.

or



(vg) Plant Power Burger in a Bun G.

Friday



Breaded Fish Fillet F.

or



(v) Roasted Vegetable Tart G.D.E.



Week 3 Dessert Menu

Every day we offer:

(v) Yoghurt. (D.)
or fresh fruit as alternative dessert options

Monday

(v) Chocolate Mousse with Fruit D.
(vg) Homemade Cherry Cookie G.SU.

Tuesday

(v) American Pancake with Fruit Toppings
G.E.D. *If served with lemon juice contains SU*

Wednesday

(v) Homemade Chocolate
Orange Brownie G.E.
with Hot Chocolate Sauce D.

Thursday

(v) Ice Cream Tub D.
(vg) Homemade Ginger Cookie G.

Friday

(v) Homemade Sticky Toffee Cake G.E.D.SB.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

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