

Monday



Pork Sausages (G.SU)

OR



(v) Chinese Style Quorn Noodles (SB.E.G.)

Tuesday



BBQ Chicken Fillet Wrap (G.)

OR



(v) Fusilli Pasta in a Rich Tomato Sauce (D.G.)

Wednesday



Roast Pork or Gammon

OR



(v) Vegetarian Toad in the Hole (G.SU.SB.D.E.)

Thursday



Pasta Bolognese (G.) Optional Cheese (D.)

OR



(v) Rustic Margherita Pizza (D.G.)

Friday



Breaded Pollock Fillet (F.SB.)

OR



(v) Vegetable Burrito (D.G.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

OR



(v) Jacket Potato with Cheese and Beans (D.)

Week 1 Dessert Menu

Every day we offer:
(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v) Strawberry Swirl Mousse (D.)
(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

Tuesday

(v,h) Homemade Iced Mandarin Sponge (G.E.)

Wednesday

(v,h) Homemade Fruit Crumble with Custard (G.D.)
Ice Cream Tub (D.)

Thursday

(v) Creamy Whip with Fruit in Juice (D.)
(v,h) Homemade Ginger Cookie (G.)

Friday

(v) Gluten Free Mini Ring Doughnut (SB.D.E.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Key

- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

Salmon and Sweet Potato





Meat Free Monday



or



(v) Cheese and Tomato Pizza Wedge (D.G.)

(v) Vegan Country Bake (G.SB.)

Tuesday



or



Organic Beef Grill (G.) in a Bun (G.)

(v) Cheesy Pasta Bake (G.D.)

Wednesday



or



Roast Chicken Joint or Fillet

(v) Vegetable Korma (M.D.E.)

Thursday



or



Mince and Beef Pie (D.G.)

(v) Veggie Hot Dog (G.S.SB.SU.)

Friday



or



Gluten Free Fish Fingers (F.)

(v) Cheesy Tomato Risotto (D.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



(v) Jacket Potato with Cheese and Beans (D.)

Week 2 Dessert Menu

Everyday we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v.h) Homemade Chocolate Cracknel (G.)

Tuesday

Jelly with Fruit
(v) Ice Cream Tub (D.)

Wednesday

(v.h) Homemade Up Beet
Chocolate Cake (G.E.) with Hot Chocolate
Sauce (D.)

Thursday

(v.h) Homemade Melting Moment Biscuit (G.)

Friday

(v.h) Favourite Fruit Muffin (G.E.)
(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

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Monday



Organic Pork Meatballs (G.SU.)

or



(v) Cheesy Pasta Bake (G.D.)



(v) Jacket Potato with Cheese and Beans (D.)

Tuesday



Pasta with Peas and Bacon (G.D.)

or



(v) Rustic Margherita Pizza (D.G.)



(v) Jacket Potato with Cheese (D.)

Wednesday



Roast Beef in Gravy

or



(v) Broccoli and Sweetcorn BAKE (G.D.)



(v) Jacket Potato with Cheese and Beans (D.)

Thursday



Chicken Pie (D.G.)

or



(v) Sticky BBQ Veggie Sausages (G.SB.S.)



(v) Jacket Potato with Cheese (D.)

Friday



Breaded Pollock Fillet (F.SB.)

or



(v) Quorn Nuggets (G.D.E.)



(v) Jacket Potato with Cheese

Week 3 Dessert Menu

Everyday we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v.h) Homemade Fruity Flapjack (G.)

Tuesday

(v.h) Homemade Sponge with Fruit in Juice (E.G.)

Wednesday

(v.h) Homemade Jam Tart (G.) with Custard (D.)
(v) Ice Cream Tub (D.)

Thursday

(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)
(v.h) Homemade Carrot and Orange Cookie (G.)

Friday

(v.h) Homemade Vanilla Krispy Bar (G.)
(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

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